

Our Confidentiality Policy

YPAS services are confidential and we will respect that as much as possible. However, if we feel that you or someone else may be at risk of harm we may need to contact someone. We would inform you of this first where possible.

Your Rights whilst receiving support

- To be treated the right way
- To see any information that is kept about you
- To be informed of what we can offer you
- To be included in decisions made about you
- To decide whether counselling is right for you
- To complain if you are unhappy about something
- To receive advice about how to make a complaint
- To decide when you finish working with us.



'Children have the right to say what they think should happen when adults are making decisions that affect them, and to have their opinions taken into account.'

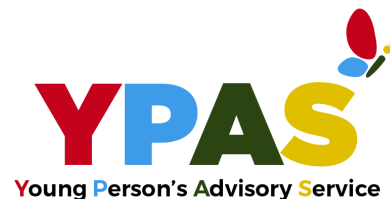
(UNCRC – Article 12)

3 Community Hubs in Liverpool:

YPAS Central Hub
36 Bolton Street
L3 5LX
T: 0151 707 1025

YPAS South Hub
Lyndene Road
Childwall
L25 1NG
T: 0151 305 2030

YPAS North Hub
Croxdale Road West
Croxteth
L14 8YA
T: 0151 305 2040



Fax: 0151 707 1025

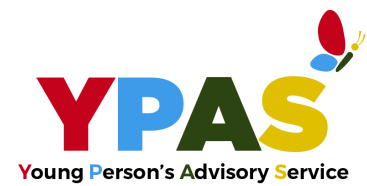
Email: support@ypas.org.uk

www.ypas.org.uk



@ypasliverpool

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Seedlings

Therapeutic service for Liverpool primary schools



Assisting young people to reach
their full potential



About Seedlings

Seedlings is a Creative therapy service for Liverpool's primary schools. We work with children to explore and process feelings that are troubling them and develop confidence in expressing themselves. This CAMHS service is funded by Liverpool Clinical Commissioning Group and schools directly.

Sometimes when children are growing up, changes at home or at school can be difficult to deal with. The Seedlings team support the emotional needs of children allowing them to develop, grow and to build their resilience. Difficult feelings can affect relationships with important people in our lives, when these feelings are expressed in therapy it becomes easier to understand and make sense of.



About YPAS

YPAS offers a range of support and therapeutic services for children aged 5- 15 years, young people aged 16-25 years and families in Liverpool. Established in 1966; YPAS is a charity that supports children, young people and families to address their mental health and emotional well-being difficulties.

What our team does

Our qualified & registered therapists provide a range of creative therapies that is age appropriate using a child centered approach.

This may include

- Talking therapies
- Arts therapies
- Dance & Movement therapies
- Drama therapy
- Support and advice for families & school staff

Helping children to creatively share their personal story



Why are children referred to this service?

Children could be referred to Seedlings for a whole range of reasons, including a lack of confidence in their school work, peer relationships and difficulties at home. Sessions with a therapist can allow them some dedicated space and time to explore any issues that may arise. It could be a member of staff or a parent or carer who notices a change in a child's behaviour. A child may also ask for support.

How to make a referral to Seedlings

Anyone can make a referral to Seedlings by speaking to school's mental health lead and / or contacting YPAS clinical admin team on 0151 707-1025.



If you have any concerns about a child's emotional wellbeing please speak to school's mental health lead to see if Seedlings can help.