

March 2017 Activities Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>1 9 to Noon Open Art Studio 10 Intermediate Tap Class (B) 10-Noon Computer Help w/Cheryl 10 Bowling 10:15 Zumba Gold w/Millette \$/RR 11 Intermediate Tap Class (A) 11:10 Chair Exercise Live Noon Lunch \$/RR Noon Tai Chi: Rou Li Ball 1 Games, Variety 1 Tai Chi Practice Club 2 Tai Chi Practice Club</p>	<p>2 8:50 Yoga I \$/RR 9-1 Piano Lessons \$/RR 10 Computer Help w/Dan 10 Alexa's Activities 10:10 Gentle Yoga \$/RR 10:30 Tai Chi video 10:30 Wegman's \$/RR 11-1:30 Italian Conversation (A.C.E. Class) 11:10 Chair Exercise Video Noon Lunch \$/RR 12:30 Intermediate Spanish 1 Throwback Thursday 1:15 Voice Class \$/RR 2:20 Guitar Class</p>	<p>3 9 Zumba Tone w/Millette \$/RR 10 Health & Wellness 10 Kings in the Corner 10:10-11:30 Line Dancing w/Mi \$/RR 11:10 Chair Exercise Live Noon Lunch \$/RR 12:45 Dresses for Children in Africa 12:50 Bingo</p>
<p>6 8:50 Yoga I \$/RR 10 Kings in the Corner 10 Creative Crafters 10-2 Computer Help w/Nick 10:10 Gentle Yoga \$/RR 10:15 Zumba Gold w/Millette \$/RR 10:15 Trivia 11:10 Chair Exercise Live Noon Lunch \$/RR 12:45 AARP Fraud Talk 1 Line Dance w/Barbara \$/RR 4 Table Games 2 Basic Chinese</p>	<p>7 10 Computer Help w/Steve w/Claudia 10:15 Group Conversation 10:30 Tai Chi Video 11 English Conversation w/Linda 11:10 Chair Exercise Video Noon Lunch \$/RR 1 Afternoon Tea 2 Knit & Crochet Club 2:15 Current Events w/ Claudia 2:30 CWOW Ballroom Dancing \$/RR</p>	<p>8 9 to Noon Open Art Studio 10 Intermediate Tap Class (B) 10-Noon Computer Help w/Cheryl 10 Bowling 10:15 Zumba Gold w/Millette \$/RR 11 Intermediate Tap Class (A) 11:10 Chair Exercise Live Noon Lunch \$/RR Noon Tai Chi: Rou Li Ball 1 Games, Variety 1 Tai Chi Practice Club 2 Tai Chi Practice Club</p>	<p>9 8:50 Yoga I \$/RR 9-1 Piano Lessons \$/RR 10 Computer Help w/Dan 10 Alexa's Activities 10:10 Gentle Yoga \$/RR 10:30 Tai Chi video 10:30 Walmart/Target \$/RR 11-1:30 Italian Conversation (A.C.E. Class) 11:10 Chair Exercise Video Noon Lunch \$/RR 42:30 Intermediate Spanish 12:45 ICS 3B, Talent Show 4 Throwback Thursday 1:15 Voice Class \$/RR 2:20 Guitar Class</p>	<p>10 9 Zumba Tone w/Millette \$/RR 10 Health & Wellness 10 Kings in the Corner 10:10-11:30 Line Dancing w/Mi \$/RR 11:10 Chair Exercise Live 11:15 Support Group (see Missi) Noon Lunch \$/RR 12:45 Dresses for Children in Africa 12:50 Bingo 2:30 Essential Tremors Mtg</p>
<p>13 8:50 Yoga I \$/RR 10 Kings in the Corner 10 Creative Crafters 10-2 Computer Help w/Nick 10:10 Gentle Yoga \$/RR 10:15 Zumba Gold w/Millette \$/RR 10:15 Trivia 11:10 Chair Exercise Live Noon Lunch \$/RR 1 Line Dance w/Barbara \$/RR 1 Table Games 2 Basic Chinese</p>	<p>14 10 BP Med Check 10 Computer Help w/Steve 10 English Conversation w/Claudia 10 Molly Bannaky Performance 40:15 Group Conversation 10:30 Tai Chi video 11 English Conversation w/Linda 11 Advisory Council Mtg 11:10 Chair Exercise Video Noon Lunch \$/RR 4 Afternoon Tea 1 LRG Chorus Concert featuring the CWOW Ballroom Dancers 2 Knit & Crochet Club 2:15 Current Events w/ Claudia 2:30 CWOW Ballroom Dancing \$/RR</p>	<p>15 9 to Noon Open Art Studio 10 Bowling 10 Intermediate Tap Class (B) 10-Noon Computer Help w/Cheryl 10:15 Zumba Gold w/Millette \$/RR 11 Intermediate Tap Class (A) 11:10 Chair Exercise Live Noon Lunch \$/RR Noon Tai Chi: Rou Li Ball 1 Games, Variety 1 Tai Chi Practice Club 2 Tai Chi Practice Club</p>	<p>16 8:50 Yoga I \$/RR 9-1 Piano Lessons \$/RR 10 Computer Help w/Dan 10 Alexa's Activities (10:10 Gentle Yoga \$/RR 10:30 Tai Chi video 10:30 NO SHOPPING TRIP 11-1:30 Italian Conversation (A.C.E. Class) 11:10 Chair Exercise Video Noon Lunch \$/RR 42:30 Intermediate Spanish 12:45 Birthdays w/Chyp & Andrea 4 Throwback Thursday 1 Voice Class \$/RR 2:20 Guitar Class</p>	<p>17 9 Zumba Tone w/Millette \$/RR 10 Health & Wellness 10 Kings in the Corner 10:10-11:30 Line Dancing w/Mi \$/RR 11:10 Chair Exercise Live Noon Lunch \$/RR 12:45 Dresses for Children in Africa 12:50 Bingo</p> <p style="text-align: center;">Happy St. Patrick's Day</p>
<p>20 8:50 Yoga I \$/RR 10 Kings in the Corner 10 Creative Crafters 10-2 Computer Help w/Nick 10:10 Gentle Yoga \$/RR 10:15 Zumba Gold w/Millette \$/RR 10:15 Trivia 11 English Conversation w/Albert 11:10 Chair Exercise Live Noon Lunch \$/RR 1 Line Dance w/Barbara \$/RR 1 Show & Tell w/Lougenia Carnell 2 Basic Chinese</p>	<p>21 10 Computer Help w/Steve w/Claudia 10 SAIL Class Introduction RR 10:15 Group Conversation 10:30 Tai Chi Video 11 English Conversation w/Linda 11:10 Chair Exercise Video Noon Lunch \$/RR 1 Afternoon Tea 1 LRG Chorus 2 Knit & Crochet Club 2:15 Current Events w/ Claudia 2:30 CWOW Ballroom Dancing \$/RR</p>	<p>22 9 to Noon Open Art Studio 10 Bowling 10 Intermediate Tap Class (B) 10-Noon Computer Help w/Cheryl 10:15 Zumba Gold w/Millette \$/RR 11 Intermediate Tap Class (A) 11:10 Chair Exercise Live Noon Lunch \$/RR Noon Tai Chi: Rou Li Ball 1 Games, Variety 1 Tai Chi Practice Club 2 Tai Chi Practice Club</p>	<p>23 8:50 Yoga I \$/RR 9-1 Piano Lessons \$/RR 10 Computer Help w/Dan 10 Alexa's Activities 10:10 Gentle Yoga \$/RR 10:30 Tai Chi video 10:30 Walmart/Target \$/RR 11-1:30 Italian Conversation (A.C.E. Class) 11:10 Chair Exercise Video Noon Lunch \$/RR 12:30 Intermediate Spanish 4 Throwback Thursday 1 Voice Class Recital 2:20 Guitar Class</p>	<p>24 9 Zumba Tone w/Millette \$/RR 10 Health & Wellness 10 Kings in the Corner 10:10-11:30 Line Dancing w/Mi \$/RR 11:10 Chair Exercise Live 11:15 Support Group (see Missi) Noon Lunch \$/RR 12:45 Dresses for Children in Africa 12:50 Bingo</p>
<p>27 8:50 Yoga I \$/RR 10 Kings in the Corner 10 Creative Crafters 10-2 Computer Help w/Nick 10:10 Gentle Yoga \$/RR 10:15 Zumba Gold w/Millette \$/RR 10:15 Trivia 11 English Conversation w/Albert 11:10 Chair Exercise Live Noon Lunch \$/RR 1 Line Dance w/Barbara \$/RR 1 Table Games 2 Basic Chinese</p>	<p>28 10 Computer Help w/Steve w/Claudia 10:15 Group Conversation 10:30 Tai Chi Video 11 English Conversation w/Linda 11:10 Chair Exercise Video Noon Lunch \$/RR 1 Afternoon Tea 1 LRG Chorus 2 Knit & Crochet Club 2:15 Current Events w/ Claudia 2:30 CWOW Ballroom Dancing \$/RR</p>	<p>29 9 to Noon Open Art Studio 10 Bowling 10 Intermediate Tap Class (B) 10-Noon Computer Help w/Cheryl 10:15 Zumba Gold w/Millette \$/RR 11 Intermediate Tap Class (A) 11:10 Chair Exercise Live Noon Lunch \$/RR Noon Tai Chi: Rou Li Ball 1 Games, Variety 1 Tai Chi Practice Club 2 Tai Chi Practice Club</p>	<p>30 8:50 Yoga I \$/RR 9-1 Piano Lessons \$/RR 10 Computer Help w/Dan 10 Alexa's Activities 10:10 Gentle Yoga \$/RR 10:30 Tai Chi video 10:30 Shoppers \$/RR 11-1:30 Italian Conversation (A.C.E. Class) 11:10 Chair Exercise Video Noon Lunch \$/RR 42:30 Intermediate Spanish 12:45 ICS 3A, Talent Show 4 Throwback Thursday 1 Voice Class \$/RR 2:20 Guitar Class</p>	<p>31 9 Zumba Tone w/Millette \$/RR 10 African Drumming w/Kofi Dennis 10 Kings in the Corner 40:10-11:30 Line Dancing w/Mi \$/RR 11:10 Chair Exercise Live Noon Lunch \$/RR 12:45 Dresses for Children in Africa 12:50 Bingo</p>