

Cognizant is an American [multinational corporation](#) that provides IT services, including digital, technology, consulting, and operations services. It is headquartered in [Teaneck, New Jersey](#), United States. Cognizant is listed in the [NASDAQ-100](#) and the [S&P 500](#) indices. It was founded as an in-house technology unit of [Dun & Bradstreet](#) in 1994,^[3] and started serving external clients in 1996.^[3]



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