epicurious

Spicy Beef Curry

Bon Appétit | April 2008

The curries that are sold in the markets of southern Thailand inspired this heavily spiced dish. Chef Boetz says this delicious main course is a hybrid of an Indian and a Thai curry. The use of dried spices (coriander, cardamom, cumin) is common in Indian curries; coconut milk and fresh, aromatic ingredients (cilantro, lemongrass, galangal) are often used in Thai curries.

Makes 8 servings (as part of a multi-course meal)

Martin Boetz

ingredients

péáAÉãáñW

`ìêêó é~ēíÉW

NMeā ~an ÇANTEÇ ETÇ AÜRÉTE BE) AÜ~ é AÜRÉTE ÇÉ I GÜÇATI GIÉTA Á ÉÇ
CRAÇA ÖNNETÜ ARMAİĞ, GIÉTA E
NA ÉÇA A ETÇ ÇANÇAİ AÜÇEĞEÇ
SÖ-GAN ARÇI ÉTEI GÉTATÇ
NNNOJANÜ GATA NETEÜ Ö-RAĞÖ-AÇĞ ÉTETÇÜNETÜ ÖLAĞTA IÜRAN GANEÇ
NNO (~ÄTETEÇÇAT AÜÇEĞEÇ ÇĞÖS-IÉÇATA ÇÂÖS-EĞ
PLQAI 6 İ ~IÉĞ

_ÉÉÑW

NaçãO á ang chéangt Aluante Bei Alu ~ e A ~ à ~ à ~ A luante Quí ~ Āafeecça à l'ÉCÉT ~ Āafe çan Çal apéç

O Niệc là Çeafe A ÉT BÉT BEU- à â EE ~ Alu- Āç lí O an A L'ÉB I L'ARAF
S À lé Bì à BET ÉT ÉT ÉA ÉÇ Aç Aç à lí a anna
CR aça O NINO À lé Nac Di A À EBì A U ~ e à ~ a éa ~ çê a lì ç A à ~ a F

NINO À lé Nac Bè O ~ ê
O QASA À L'ARÇ à C C C S BÉT A BÉT À BÉT

NOAI É NÉEÜI-ACÉBBÉ ÇEI-ACÉB à BÉ

NPAI É E-BÉÇ EÇ-EIÉÇ ÉÉ-AI IEI AE EÜÉQ ÉB E

NPAI É TÜÇEÉ E-BÉÇ EÇ-EIÉÇ ÉÉ-AI IE NÉEÖ-BBBÜ

PLOAI É NÉEÜ ABHAIG; É-IÉE

PI-AEÉEÇÇAE AÇAÇAI I AÉ-A

DIE DOIOTION

For spice mix:

Combine first 6 ingredients in medium bowl. Add cold water to cover, then drain. Place spices in large wok or skillet. Dry-roast over medium-low heat until dry and fragrant, stirring constantly, about 10 minutes. Transfer mixture to spice grinder. Add salt and mace; grind to fine powder. DO AHEAD: Spice mix can be made 1 week ahead. Store airtight at room temperature.

For curry paste:

Place chiles in small bowl; add cold water to cover. Let soak 30 minutes. Drain, reserving soaking liquid.

Combine cilantro stems, onion, garlic, galangal, and lemongrass in large wok or skillet. Dry-roast over medium heat until slightly charred and fragrant, stirring often, about 10 minutes. Add 3/4 cup water. Cover wok and cook until galangal is tender, about 35 minutes; cool in wok.

Scrape galangal mixture into processor. Add drained red chiles. Blend, adding enough reserved chile soaking liquid by tablespoonfuls to form smooth paste. Stir in spice mix. DO AHEAD: Can be made 1 week ahead. Transfer to bowl, cover, and chill.

For beef:

Preheat oven to 350°F. Char yellow chile directly over gas flame or in broiler until blackened on all sides. Enclose in paper bag 10 minutes. Peel, seed, and slice chile.

Heat 3 tablespoons oil in large ovenproof pot over medium-high heat. Sprinkle beef with salt and pepper. Add to pot; sear until brown, about 2 minutes per side. Transfer beef to plate. Add coconut milk, cilantro stems, fish sauce, palm sugar, and lemongrass to same pot. Return beef to pot and bring to simmer. Cover and place pot in oven. Braise beef until tender enough to pull away from bone, about 2 1/2 hours. Transfer beef to plate and cool. Strain braising liquid from pot into bowl. Thinly slice meat.

Heat remaining 1 tablespoon oil in heavy large skillet over medium-low heat. Add curry paste. Stir until heated and fragrant, about 5 minutes. Add 1 1/2 cups reserved braising liquid and bring to boil. Add roasted chile, tangerine juice, and crushed peanuts, then beef. Simmer until sauce coats beef, about 5 minutes. Season to taste with salt and pepper.

Transfer beef curry to shallow bowl. Garnish with whole peanuts and cilantro leaves. Drizzle with coconut cream.

Epicurious.com © CondéNet, Inc. All rights reserved