

A photograph of surgeons in an operating room, wearing blue scrubs, masks, and caps, focused on a procedure. The scene is lit with bright surgical lights.

17th Annual BARIATRIC SUMMIT

OCTOBER 10 – 11, 2020

Washington Marriott at Metro Center • Washington, DC

HIGHLIGHTS . . .

- ★ The Role of Endoscopy in Traditional Bariatric/Metabolic Surgery
- ★ Update on the Use of Robots in Bariatric/Metabolic Surgery
- ★ Gastric Bypass Reversal: Indications, and Technical Pearls
- ★ Treating Binge and Loss of Control Eating Postoperatively

COURSE DIRECTOR

Scott A. Shikora, MD, FACS, FASMBS

ASSOCIATE DIRECTORS

Paul Davidson, PhD

Kellene A. Isom, MS, RD, LDN, CAGS

Julie Kim, MD, FACS, FASMBS

Kenneth MacDonald, Jr., MD, FACS

MANAGED AND PRODUCED BY



Register today at: bariatricsummit.com

Overview

Please make plans to join us for the 17th Annual Bariatric Summit. Over the past 16 years, the Summit has gathered general surgeons, bariatric physicians, dietitians, nutritionists, psychologists, plastic surgeons, and other health care professionals dedicated to the management of severe obesity. The tradition continues in 2020 as we gather in Washington, DC to explore leading-edge clinical and technical innovations related to the advanced management and treatment of severe obesity.

Healthcare professionals choose the Bariatric Summit for its informal and interactive program, designed to address the educational needs of the entire surgical team toward achieving and maintaining the rigorous standards associated with becoming a center of excellence.

Course Director, Scott A. Shikora, MD and his faculty have, once again, put together a thought-provoking agenda including important discussions on weight bias, endoscopic techniques in treating obese patients, improving the patient experience, nutritional considerations for bariatric patients, behavioral influences of obesity, and more.

Join us for Bariatric Summit 2020 as we discuss innovation, challenges, and breakthroughs in the future of bariatric surgery. Plan to stay a few extra days to take in the sights, including the unparalleled Smithsonian Institution, our great monuments and memorials, and a stroll along the National Mall.

We look forward to seeing you in Washington DC.

Activity Goal

This activity is designed to address the following core and team competencies: Patient Care, Medical Knowledge, Teams & Teamwork, Interprofessional Collaboration, and Interprofessional Communication.

Target Audience

General Surgeons, Bariatric Surgeons, Bariatric Physicians, Primary Care Physicians, Pediatricians, Plastic Surgeons, Legal Professionals, Nurses, Hospital Administrators, Nutritionists, Dietitians, Psychologists, Behavioral Health Professionals, and other Allied Health Professionals interested in the medical and surgical advancements and management of clinically severe obesity.

Physician Learning Objectives

After attending this activity, physicians should be able to:

- Describe criteria for identification of appropriate surgical candidates
- Describe the principles underlying a multidisciplinary approach to bariatric surgery
- Discuss perioperative and postoperative care of obese patients
- Explain diet and lifestyle changes after bariatric surgery
- Describe the essentials of a successful bariatric program
- Identify key risk management strategies
- Discuss advanced issues in the surgical treatment of clinically severe obesity
- Identify the components of metabolic syndrome and its relation to obesity
- Discuss treatment path for severe type II diabetes and the impact of surgical intervention

Nursing Learning Objectives

After attending this activity, nurses should be able to:

- Identify the various nursing roles in a bariatric program
- Identify key equipment and environmental needs of a bariatric program
- Identify the challenges of the physical assessment with regard to the bariatric patient
- Identify the nursing role as it relates to the multidisciplinary team
- Identify the key components of bariatric documentation

DIRECTORS & FACULTY

Course Director



Scott A. Shikora
MD, FACS, FASMBS

Professor of Surgery
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Director
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MacDonald, Jr.**
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Director
Physicians East
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Faculty

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Division of Gastroenterology and
Hepatology
Associate Professor of Medicine
Mayo Clinic
Rochester, MN

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Educator Coach at Cecelia Health
Certified Diabetes Educator Coach, Fit4D
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Associate Professor of Psychiatry and
Human Behavior
The Miriam Hospital and The Warren Alpert
Medical School of Brown University
Weight Control and Diabetes Research
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Psychologist
DC Health Psychology
Bethesda, MD

Ann Rogers, MD

General Surgery
Minimally Invasive Surgery and Bariatric
Surgery
Penn State Health Surgical Specialties
Hershey, PA

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Professor of Surgery and Chairman
Department of General Surgery
Director, The Bariatric and Metabolic
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Medical Director - Bariatric Surgery
Memorial Hermann - Texas Medical
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University of Texas Medical School
Houston, TX

Natan Zundel, MD

Medical Director
Jackson North Medical Center
Clinical Professor of Surgery
Florida International University
Herbert Wertheim College of Medicine
Miami, FL

AGENDA Saturday, October 10

7:00 - 8:00 AM REGISTRATION, BREAKFAST & EXHIBITS

8:00 – 9:30 AM SESSION 1 – INTERACTIVE, MULTIDISCIPLINARY CASE PRESENTATION

Paul Davidson, PhD; Kellene A. Isom, MS, RD, LDN, CAGS

8:00 - 8:05 AM **Welcome** | Scott A. Shikora, MD, FACS, FASMBS

8:05 - 8:25 AM **Special Lecture** | Kellene A. Isom, MS, RD, LDN, CAGS

8:25 - 8:40 AM **The Mother of All Cases: The surgical perspective** | Scott A. Shikora, MD, FACS, FASMBS

8:40 - 8:55 AM **The Mother of All Cases: The behavioral perspective** | Paul Davidson, PhD

8:55 - 9:10 AM **The Mother of All Cases: The nutritional perspective** | Melissa Majumdar, MS, RD, LDN, CSOWM, CPT

9:10 – 9:30 AM Panel Discussion

Kellene A. Isom, MS, RD, LDN, CAGS; Melissa Majumdar, MS, RD, LDN, CSOWM, CPT; Paul Davidson, PhD; Scott A. Shikora, MD, FACS, FASMBS

9:30 - 10:00 AM COFFEE BREAK & EXHIBITS

10:00 - 12:30 PM SESSION 2 – BARIATRIC / METABOLIC SURGERY IS A TEAM SPORT

Ann Rogers, MD

10:00 - 10:30 AM **Behavioral Keys to Success from the Patient Perspective** | Paul Davidson, PhD

10:30 - 10:50 AM **Is Nutrition Compliance Learned or Inherited?** | Kellene A. Isom, MS, RD, LDN, CAGS

10:50 - 11:10 AM **Practical Suggestions for Engaging Patients in Physical Activity** | Dale S. Bond, PhD

11:10 - 11:30 AM **The Role of Endoscopy in Traditional Bariatric / Metabolic Surgery** | Kenneth MacDonald, Jr., MD, FACS

11:30 - 11:45 AM Panel Discussion

Dale S. Bond, PhD; Paul Davidson, PhD; Kellene A. Isom, MS, RD, LDN, CAGS; Kenneth MacDonald, Jr., MD, FACS

11:45 - 12:30 PM **Walter Pories, MD Award Keynote Address**

A Career on the Edge of Innovation | Natan Zundel, MD

12:30 - 2:00 PM LUNCH & EXHIBITS

2:00 – 3:30 PM SESSION 3 – BARIATRIC / METABOLIC SURGERY: Miscellaneous Pearls of Information

Ann Rogers, MD; Scott A. Shikora, MD, FACS, FASMBS

2:00 - 2:15 PM **Endoscopic Procedures for Primary Weight Loss** | Barham K. Abu Dayyeh, MD, MPH

2:15 - 2:30 PM **Update on the Use of Robots in Bariatric / Metabolic Surgery** | Erik B. Wilson, MD

2:30 - 2:45 PM **Novel Treatments for Post Gastric Bypass and Sleeve Severe GERD** | Natan Zundel, MD

2:45 - 3:00 PM **Current Status of ERAS and Non-opioid Analgesia** | Julie Kim, MD, FACS, FASMBS

3:00 - 3:15 PM **Slick Tricks for Minimizing Preoperative Patient Leakage** | Karen Schulz, RN

3:15 - 3:30 PM Panel Discussion

Barham K. Abu Dayyeh, MD, MPH; Julie Kim, MD, FACS, FASMBS; Karen Schulz, RN; Erik B. Wilson, MD; Natan Zundel, MD

3:30 - 4:00 PM BREAK & EXHIBITS

4:00 - 6:00 PM SESSION 4 – WEIGHT REGAIN AND REVISION

Julie Kim, MD, FACS, FASMBS; Karen Schulz, RN

4:00 - 4:20 PM **Behavioral Approaches to Weight Regain** | Robin Pashby, PhD

4:20 - 4:40 PM **To Calorie or Not to Calorie? That is the Question.**

Laura Andromalos MS, RD, CD, CDE; Kellene A. Isom, MS, RD, LDN, CAGS

4:40 - 5:00 PM **Revisional Surgery Options After the Sleeve: SADS vs gastric bypass**

Shanu Kothari, MD, FACS, FASMBS

5:00 - 5:20 PM **Revisional Surgery Options After Gastric Bypass: Limb lengthening vs pouch/outlet reduction**

Scott A. Shikora, MD, FACS, FASMBS

5:20 - 5:40 PM **Endoscopic Therapies for Weight Regain** | Barham K. Abu Dayyeh, MD, MPH

5:40 - 5:55 PM Panel Discussion

Barham K. Abu Dayyeh, MD, MPH; Laura Andromalos, MS, RD, CD, CDE; Kellene A. Isom, MS, RD, LDN, CAGS; Shanu Kothari, MD, FACS, FASMBS; Robin Pashby, PhD; Scott A. Shikora, MD, FACS, FASMBS

5:55 - 6:00 PM Wrap Up & Adjourn

Scott A. Shikora, MD, FACS, FASMBS

AGENDA Sunday, October 11

7:30 - 8:00 AM REGISTRATION, BREAKFAST & EXHIBITS

8:00 – 9:15 AM BREAKOUT SESSION – Impact of Bariatric / Metabolic Surgery
Kenneth MacDonald, Jr, MD, FACS; Natan Zundel, MD

8:00 - 8:15 AM BMS and Cancer | Raul Rosenthal, MD, FACS, FASMBS

8:15 - 8:30 AM BMS and Heart Disease | Ann Rogers, MD

8:30 - 8:45 AM BMS and Joint Disease | Shanu Kothari, MD, FACS, FASMBS

8:45 - 9:00 AM BMS and Transplantation | Erik B. Wilson, MD

9:00 - 9:15 AM BMS and Kidney Disease | Karen Schulz, RN

8:00 - 9:15 AM BREAKOUT SESSION – Nutrition
Kellene A. Isom, MS, RD, LDN, CAGS; Heather Mackie, MS, RD

8:00 - 8:20 AM So My Surgeon Wants to Do SADI | Heather Mackie, MS, RD

8:20 - 8:40 AM Managing T2DM Before and After Surgery | Laura Andromalos, MS, RD, CD, CDE

8:40 - 9:00 AM Nutrition Stoichiometry: Do you carry the one?
Heather Mackie, MS, RD; Melissa Majumdar, MS, RD, LDN, CSOWM, CPT

9:00 - 9:15 AM Q & A Panel: Laura Andromalos, MS, RD, CD, CDE; Kellene A. Isom, MS, RD, LDN, CAGS;
Heather Mackie, MS, RD; Melissa Majumdar, MS, RD, LDN, CSOWM, CPT

9:15 - 9:45 AM Keynote Address: Integrated Health
Kellene A. Isom, MS, RD, LDN, CAGS

9:45 - 10:15 AM COFFEE BREAK & EXHIBITS

MOVE TO BREAKOUT SESSIONS

10:15 - 11:15 AM BREAKOUT SESSION – Video Session: Seeing is believing
Shanu Kothari, MD, FACS, FASMBS; Erik B. Wilson, MD

10:15 - 10:25 AM Seeing is Believing: Video 1 – Combined Hiatal Hernia Repair, Partial Fundoplication, and Endoscopic Sleeve Gastroplasty for Management of Symptomatic Hiatal Hernia in Patient with Morbid Obesity | Barham K. Abu-Dayyeh, MD, MPH

10:25 - 10:35 AM Seeing is Believing: Video 2 – Robot Case | Erik B. Wilson, MD

10:35 - 10:45 AM Seeing is Believing Video 3 – Complications of the Candy Cane Roux Syndrome
Shanu Kothari, MD, FACS, FASMBS

10:45 - 10:55 AM Seeing is Believing Video 4 – Revision Gastric Bypass with Limb Distalization for Weight Regain
Scott A. Shikora, MD, FACS, FASMBS

10:55 - 11:05 AM Seeing is Believing Video 5 – An Interesting Case of Intestinal Intussusception after a Gastric Bypass
Kenneth MacDonald, Jr., MD, FACS

11:05 - 11:15 AM Seeing is Believing Video 6 – The Gastric Clip
Natan Zundel, MD

11:15 - 11:30 AM COFFEE BREAK & EXHIBITS

MOVE TO THE NEXT BREAKOUT SESSION

10:15 - 11:15 PM BREAKOUT SESSION – Behavioral
Paul Davidson, PhD

10:15 - 10:30 AM Enhancing Lifestyle Change After Bariatric Surgery | Mark Gorman, PhD

10:30 - 10:45 AM Psychological Issues Following Bariatric Surgery | Paul Davidson, PhD

10:45 - 11:00 AM Treating Binge and Loss of Control Eating Postoperatively | Robin Pashby, PhD

11:00 - 11:15 AM The Road Less Traveled: Ignored bariatric issues | Mark Gorman, PhD

11:15 - 11:30 AM COFFEE BREAK & EXHIBITS

MOVE TO THE NEXT BREAKOUT SESSION

AGENDA Sunday, October 11 (Cont.)

- 11:30 - 1:30 PM BREAKOUT SESSION – Controversies in Bariatric / Metabolic Surgery**
Julie Kim, MD, FACS, FASMBS; Scott A. Shikora, MD, FACS, FASMBS
- 11:30 - 11:45 PM **Intestinal Intussusception, Resect, Pex, or Do Nothing** | Kenneth MacDonald, Jr., MD, FACS
- 11:45 - 12:00 PM **Is Severe GERD a Contraindication for a Sleeve?** | Raul Rosenthal, MD, FACS, FASMBS
- 12:00 - 12:15 PM **Gastric Bypass Reversal: Indications, and technical pearls** | Scott A. Shikora, MD, FACS, FASMBS
- 12:15 - 12:30 PM **What Should We Do About Asymptomatic Cholelithiasis** | Julie Kim, MD, FACS, FASMBS
- 12:30 - 12:45 PM **Single Anastomoses Procedures vs Roux: Are either superior?** | Barham K. Abu Dayyeh, MD, MPH
- 12:45 - 1:00 PM **Is Weight Gain Inevitable?** | Ann Rogers, MD
- 1:00 - 1:20 PM **Panel Discussion**
Barham K. Abu Dayyeh, MD, MPH; Julie Kim, MD, FACS, FASMBS; Kenneth MacDonald, Jr, MD, FACS; Ann Rogers, MD; Scott A. Shikora, MD, FACS, FASMBS
- 11:30 - 1:30 PM BREAKOUT SESSION – What Everyone Needs to Know About Bariatric / Metabolic Surgery**
Barham K. Abu Dayyeh, MD, MPH; Erik B. Wilson, MD
- 11:30 - 11:45 AM **Malabsorptive Procedures Old and New** | Ann Rogers, MD
- 11:45 - 12:00 PM **The Differential Diagnosis for Postoperative Abdominal Pain** | Shanu Kothari, MD, FACS, FASMBS
- 12:00 - 12:15 PM **Gastric Bypass vs Sleeve Gastrectomy: Which one is better?** | Erik B. Wilson, MD
- 12:15 - 12:30 PM **Common Complications in Bariatric / Metabolic Surgery** | Kenneth MacDonald, Jr, MD, FACS
- 12:30 - 12:45 PM **Top Dietary Tips** | Laura Andromalos, MS, RD, CD, CDE
- 12:45 - 1:00 PM **Top Behavioral Tips** | Mark Gorman, PhD
- 1:00 - 1:15 PM **Panel Discussion**
Laura Andromalos, MS, RD, CD, CDE; Mark Gorman, PhD; Shanu Kothari, MD, FACS, FASMBS; Kenneth MacDonald, Jr, MD, FACS; Ann Rogers, MD; Erik B. Wilson, MD
- 1:20 - 1:30 PM Wrap Up & Adjourn**

REGISTRATION

To register online, visit bariatricsummit.com
To pay by check, call (203) 263-0006

REGISTRATION FEES

	Until July 7, 2020	July 8 to Sept. 30, 2020	October 1 to onsite
Physician / Other	\$495	\$550	\$600
Nurse / Dietitian / Allied Health	\$295	\$350	\$400
Resident / Fellow	\$250	\$295	\$350

CANCELLATIONS

Cancellations must be received in writing at the Ciné-Med Inc. office before **September 15, 2020**.
No refunds will be issued after this date.

Upon cancellation, a \$75 administration fee will be subtracted from the refunded registration fee.



127 Main Street North, Woodbury, CT 06798
(203) 263-0006

HOTEL LODGING

Washington Marriott at Metro Center, 775 12th St NW
Washington, DC 20005

If reserving by phone, call 1-800-393-2510 and ask for
reservation code "Bariatric Summit"

Special rate available until September 18, 2020



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In support of improving patient care, Cine-Med is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



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