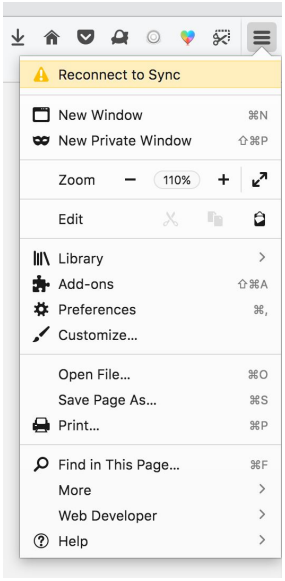
Reconnect to Sync Error

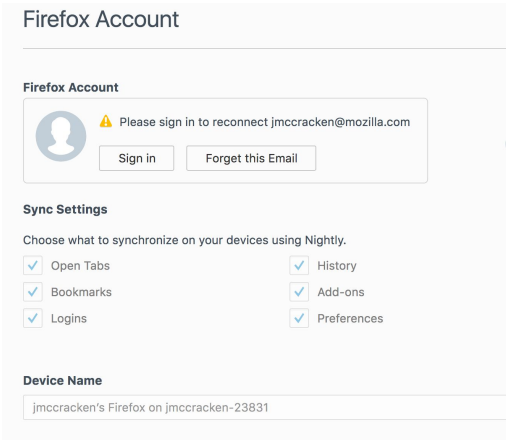
Here are the steps:

Received warning on hamburger menu

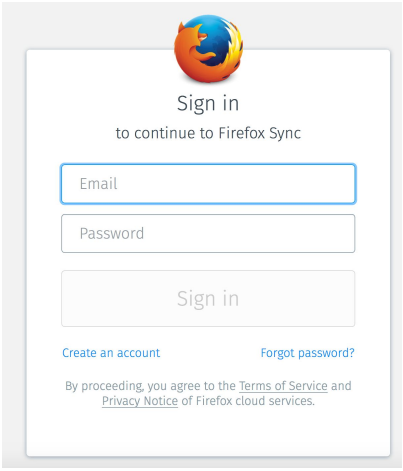
Told that I needed to Reconnect to Sync

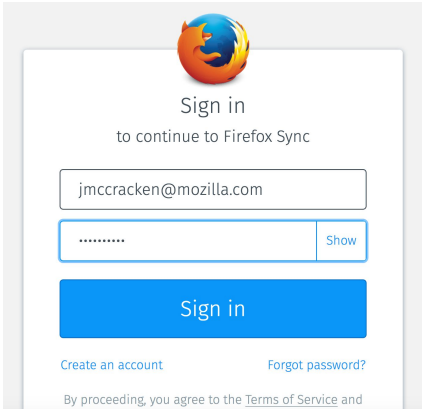


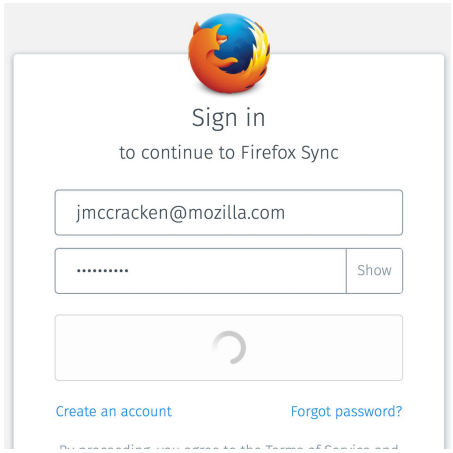
Told to sign into my account



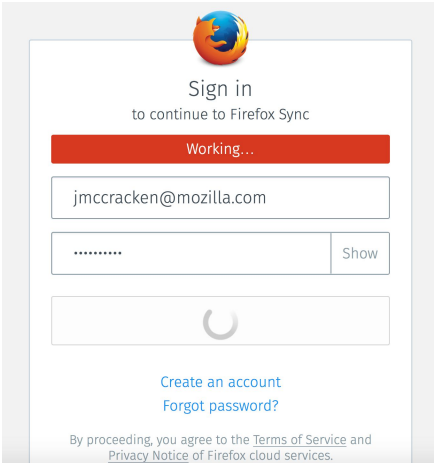
Clicked Sign in and got the login form, filled it in with my account email, and clicked Sign in button







Then it tells me it's working but just spins



I tried signing into my jmccracken@mozilla.com account in firefox release, but it told me my account no longer exists. As I recall, there was a recover option that didn't work.