

CAVEAU

Méditerranéen

Fish • Kebab • Burger

Fresh • Healthy • Gourmet

TAKE OUT • PICK UP ONLY



Sun - Wed: 11 AM - 10 PM • Thur - Sat: 11 AM - 11 PM

613.260.2626

613.733.4343

1638 BANK STREET, OTTAWA

www.caveaumed.com

SOUPS & SALADS

LENTIL SOUP \$5

Lentils with carrot, spinach, onion & cilantro.

SOUP OF THE DAY \$5

Chef's Choice.

MEDITERRANEAN BEAN SALAD \$8

Garden vegetables, parsley & bean medley.

CAVEAU GARDEN SALAD \$8

CAESAR SALAD \$8

GREEK SALAD \$9

Romaine lettuce, tomatoes, green peppers, onions & feta cheese.

FATTOUSH SALAD \$9

Romaine & Iceberg lettuce, parsley, tomatoes, assorted sweet peppers, radish, cucumbers, olive oil, garlic, lemon, dry mint, oregano & sumac.

Add Chicken \$4 Shrimp \$6 Beef Tenderloin \$5 or Salmon \$6

FISH

All fish items are prepared with a unique combination of Mediterranean herbs & spices.

Served on seasoned basmati rice, roasted potatoes & Caveau garden salad

* Exception of fish & chips.

COD TAIL \$16

Pan seared or deep fried, topped with santay sauce.

TILAPIA \$18

Pan seared, topped with escovitch sauce.

WHITING \$17

Two pieces pan seared (whole fish, bone-in), served with sesame garlic sauce.

SALMON \$20

Grilled, topped with orange florentine sauce.

FISH & CHIPS

Two pieces deep fried, served with tartar sauce & Mediterranean coleslaw.

Pollock \$12 · Haddock \$14 · Halibut \$20

KING FISH \$22

Grilled or pan seared, topped with escovitch sauce.

RED SNAPPER \$22

Grilled or pan seared (whole fish, bone-in), served with escovitch or sesame garlic sauce.

FISH FAMILY PLATTER \$70

Salmon, tilapia, cod & jumbo shrimp. Served with roasted potatoes, rice and Caveau garden salad.

GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

KEBOBS

All kebobs (two skewers each) are served on seasoned basmati rice, roasted potatoes, hummus or garlic dip & Caveau garden salad.

KAFTA KEBOB \$15

Lean ground beef combined with fresh parsley, onions & spices.

VEGETARIAN KEBOB \$16

Grilled medley of vegetables.

CHICKEN KEBOB \$18

BEEF KEBOB \$19

Filet mignon.

SALMON KEBOB \$19

Topped with orange florentine sauce.

KEBOB FAMILY PLATTER (8 SKEWERS) \$68

Beef, chicken & kaffa. Served with roasted potatoes, rice and Caveau garden salad.

FISH MEDLEY KEBOB \$19

LAMB KEBOB \$21

MIXED KEBOB \$21

Beef, chicken or kaffa.

JUMBO SHRIMP KEBOB \$23

BURGERS

All burgers are served with fries & Mediterranean coleslaw.

BEEF (CLASSIC OR MEDITERRANEAN) \$12

Classic: garnished with lettuce, tomato, onion & pickle
Mediterranean: topped with mayonnaise, cabbage, tomato & fries.

KAFTA \$12

Lean ground beef combined with fresh parsley, onions & spices, garnished with lettuce & tomato.

CHICKEN \$13

Grilled chicken breast garnished with garlic herb mayo, lettuce & tomato.

FISH \$12

Pollock garnished with tartar sauce, lettuce & tomato.

VEGGIE \$11

Mixture of black beans, chick peas, carrots & zucchini, garnished with santay sauce, lettuce & tomato.

GOURMET PITA WRAPS

All pita wraps are served with roasted potatoes and Mediterranean coleslaw.

CHICKEN KEBOB WRAP \$13

Tomatoes, lettuce, turnip, hummus & garlic.

BEEF KEBOB WRAP \$14

Tomatoes, parsley, lettuce, turnip, hummus & tahini.

KAFTA WRAP \$12

Tomatoes, lettuce & hummus.

VEGGIE WRAP \$9

Garden vegetables & tabbouleh.

FISH WRAP \$11

Pollock, tomatoes, lettuce, onions, & tartar sauce.

SHRIMP WRAP \$11

Lettuce, santay sauce & roasted garlic.



SIDES

FISH STICKS (8 PCS.) \$11

SCALLOPS (*Breaded and fried crispy*) \$11

CALAMARI \$10

CRISPY SHRIMP (*Breaded and fried*) \$10

CRISPY FISH TENDERS (5 PCS.) \$8

GRILLED SALMON BALLS \$8

* FISH CAKES \$5

* SCALLOP CAKES \$5

* SALMON CAKES \$5

* CLAM CAKES \$5

MEDITERRANEAN COLESLAW \$3

FRESH CUT FRIES \$5

ROASTED POTATOES \$4

BASMATI RICE \$4

EXTRA FISH PIECES

POLLOCK \$3 · COD TAIL \$5

HADDOCK \$4 · WHITING \$3

RED SNAPPER \$9

HUMMUS \$5

TABBOULEH \$6

BABA GHANOUJ \$8

SPANAKOPITA (4 PCS.) \$7

CHICKEN TENDERS (5 PCS.) \$8

* HOMEMADE BEEF PATTIES \$2.50

* HOMEMADE CHICKEN PATTIES \$2.75

* HOMEMADE SHRIMP PATTIES \$3

* JERK CHICKEN (1/4 LEG) \$6.50

* FESTIVAL \$1.50

ALL EXTRA SAUCE \$1.50

ESCOVITCH

(Scallions, bell peppers, onions white vinegar)

SANTAY

(Plum tomatoes, onions, molasses & Mediterranean herbs)

ORANGE FLORENTINE

(Orange juice, spinach, thyme & white vinegar)

SESAME GARLIC

GARLIC

TARTAR

[* A minimum quantity of 12 per item and a 24 hour in advance order is required. Thank you!]

Ask about our daily fresh baked desserts.

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