

# CAVEAU

## Méditerranéen

Fish ● Kebab ● Burger

**Fresh ● Healthy ● Gourmet**

**TAKE OUT ● PICK UP ONLY**



Sun – Wed: 11 AM – 10 PM • Thur – Sat: 11 AM – 11 PM

**613.260.2626**

**613.733.4343**

1638 BANK STREET, OTTAWA

[www.caveaumed.com](http://www.caveaumed.com)

## SOUPS & SALADS

### LENTIL SOUP \$5

Lentils with carrot, spinach, onion & cilantro.

### SOUP OF THE DAY \$5

Chef's Choice.

### MEDITERRANEAN BEAN SALAD \$8

Garden vegetables, parsley & bean medley.

### CAVEAU GARDEN SALAD \$8

### CAESAR SALAD \$8

### GREEK SALAD \$9

Romaine lettuce, tomatoes, green peppers, onions & feta cheese.

### FATTOUSH SALAD \$9

Romaine & Iceberg lettuce, parsley, tomatoes, assorted sweet peppers, radish, cucumbers, olive oil, garlic, lemon, dry mint, oregano & sumac.

Add Chicken \$4 Shrimp \$6 Beef Tenderloin \$5 or Salmon \$6

## FISH

All fish items are prepared with a unique combination of Mediterranean herbs & spices.

Served on seasoned basmati rice, roasted potatoes & Caveau garden salad

\* Exception of fish & chips.

### COD TAIL \$16

Pan seared or deep fried, topped with santay sauce.

### TILAPIA \$18

Pan seared, topped with escovitch sauce.

### WHITING \$17

Two pieces pan seared (whole fish, bone-in), served with sesame garlic sauce.

### SALMON \$20

Grilled, topped with orange florentine sauce.

### FISH & CHIPS

Two pieces deep fried, served with tartar sauce & Mediterranean coleslaw.

Pollock \$12 Haddock \$14 Halibut \$20

### KING FISH \$22

Grilled or pan seared, topped with escovitch sauce.

### RED SNAPPER \$22

Grilled or pan seared (whole fish, bone-in), served with escovitch or sesame garlic sauce.

### FISH FAMILY PLATTER \$70

Salmon, tilapia, cod & jumbo shrimp. Served with roasted potatoes, rice and Caveau garden salad.

GLUTEN-FREE OPTIONS AVAILABLE UPON REQUEST

## KEBOBS

All kebobs (two skewers each) are served on seasoned basmati rice, roasted potatoes, hummus or garlic dip & Caveau garden salad.

### KAFTA KEBOB \$15

Lean ground beef combined with fresh parsley, onions & spices.

### VEGETARIAN KEBOB \$16

Grilled medley of vegetables.

### CHICKEN KEBOB \$18

### BEEF KEBOB \$19

Filet mignon.

### SALMON KEBOB \$19

Topped with orange florentine sauce.

### KEBOB FAMILY PLATTER (8 SKEWERS) \$68

Beef, chicken & kafta. Served with roasted potatoes, rice and Caveau garden salad.

### FISH MEDLEY KEBOB \$19

### LAMB KEBOB \$21

### MIXED KEBOB \$21

Beef, chicken or kafta.

### JUMBO SHRIMP KEBOB \$23

## BURGERS

All burgers are served with fries & Mediterranean coleslaw.

### BEEF (CLASSIC OR MEDITERRANEAN) \$12

Classic: garnished with lettuce, tomato, onion & pickle  
Mediterranean: topped with mayonnaise, cabbage, tomato & fries.

### KAFTA \$12

Lean ground beef combined with fresh parsley, onions & spices, garnished with lettuce & tomato.

### CHICKEN \$13

Grilled chicken breast garnished with garlic herb mayo, lettuce & tomato.

### FISH \$12

Pollock garnished with tartar sauce, lettuce & tomato.

### VEGGIE \$11

Mixture of black beans, chick peas, carrots & zucchini, garnished with santay sauce, lettuce & tomato.

## GOURMET PITA WRAPS

All pita wraps are served with roasted potatoes and Mediterranean coleslaw.

### CHICKEN KEBOB WRAP \$13

Tomatoes, lettuce, turnip, hummus & garlic.

### BEEF KEBOB WRAP \$14

Tomatoes, parsley, lettuce, turnip, hummus & tahini.

### KAFTA WRAP \$12

Tomatoes, lettuce & hummus.

### VEGGIE WRAP \$9

Garden vegetables & tabbouleh.

### FISH WRAP \$11

Pollock, tomatoes, lettuce, onions, & tartar sauce.

### SHRIMP WRAP \$11

Lettuce, santay sauce & roasted garlic.



## SIDES

FISH STICKS (8 PCS.) \$11

SCALLOPS (*Breaded and fried crispy*) \$11

CALAMARI \$10

CRISPY SHRIMP (*Breaded and fried*) \$10

CRISPY FISH TENDERS (5 PCS.) \$8

GRILLED SALMON BALLS \$8

\* FISH CAKES \$5

\* SCALLOP CAKES \$5

\* SALMON CAKES \$5

\* CLAM CAKES \$5

MEDITERRANEAN COLESLAW \$3

FRESH CUT FRIES \$5

ROASTED POTATOES \$4

BASMATI RICE \$4

EXTRA FISH PIECES

POLLOCK \$3 · COD TAIL \$5

HADDOCK \$4 · WHITING \$3

RED SNAPPER \$9

HUMMUS \$5

TABBOULEH \$6

BABA GHANOUJ \$8

SPANAKOPITA (4 PCS.) \$7

CHICKEN TENDERS (5 PCS.) \$8

\* HOMEMADE BEEF PATTIES \$2.50

\* HOMEMADE CHICKEN PATTIES \$2.75

\* HOMEMADE SHRIMP PATTIES \$3

\* JERK CHICKEN (1/4 LEG) \$6.50

\* FESTIVAL \$1.50

ALL EXTRA SAUCE \$1.50

ESCOVITCH

(Scallions, bell peppers, onions white vinegar)

SANTAY

(Plum tomatoes, onions, molasses & Mediterranean herbs)

ORANGE FLORENTINE

(Orange juice, spinach, thyme & white vinegar)

SESAME GARLIC

GARLIC

TARTAR

[ \* A minimum quantity of 12 per item and a 24 hour in advance order is required. Thank you! ]

Ask about our daily fresh baked desserts.

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