

$$\overrightarrow{F_{G \in S/0}} = \dot{y} \cdot \vec{y} = a \cdot \vec{y}$$

$$\overrightarrow{V_{M \in S/R}} = \left. \frac{d(R \cos \theta \vec{x} + R \sin \theta \vec{y})}{dt} \right|_R = R \cdot \dot{\theta} \cdot (-\sin \theta \cdot \vec{x} + \cos \theta \cdot \vec{y}) = R \cdot \dot{\theta} \cdot \vec{y}_1$$