Steps to reproduce:

1) Open a file in Writer, add some lines; save as .odt and close.

2) Re-open file. Turn on Edit/Changes/Show (should already be on) and Edit/Changes/Record. Save and close

3) Re-open file. Make some edits, ..OK edits... then turn off Edit/Changes/Show but leave Edit/Changes/Record on. Save and close.

4) Re-open file. Save as .docx, then close.

5) The .docx will show all the changes.

Similar problem is also with Calc. This can be reproduced from LO 3.3.0.4.