

Keep the central position; do not show anything substantial or insubstantial to your opponent.
empty; this principle holds for the right side also. When s/he pushes upward or downward against you, s/he should feel as if encountering nothingness.
In advancing, let him/her experience the distance as increasing drastically. When s/he retreat
light that a feather can be felt and so pliable that a fly cannot rest without setting it in motion.