throughout the day - by race four they were on equal points, and another win in race five for the team put them in the lead. The team claimed four victories in total - more than any other team in a single day so far this series.

Bowman Khamis al Anbouri said: "Today was a great day, we won four races, and we couldn't wish for more. The team did a great job andworked really hard. We avoided some of our mistakes from yesterday and we came to race course earlier to study the course better before the start of the race and team was in great shape, we were focused and calm and we are pleased about our performance."

Oman Air had an equally impressive day, claiming victory in race four and only finish-



Lovato wants to be role model for teenagers

CTRESS Demi Lovato says she wants to be a role Amodel for teenaged girls dealing with the pressure of looking skinny.

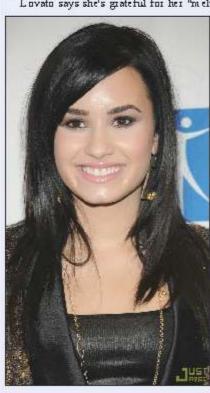
The actress has come a long way since checking into treatment almost a year ago, and says she "was dealing with the pressures to be thin."

"There was nobody out there for me to look at and say m aybe this is unhealthy," Lovato, who battled eating disorders, revealed on an episode of the The Ellen De Generes Show

"I want to be that for a 13-ye ar-old girl at home deciding whether or not to eat dinner, or an 18-year-old girl deciding whether or not to keep her breakfast down."

"It was the time in the tabloids when very, very skinny girls were on the cover of every magazine, and that's what I was looking up to. That's what I had to idolise. I don't want that for young girls to idolise," she added.

Lovato says she's grateful for her "meltdown", reports people.com.



"So many things were going great in my life, and then all of a sudden my personal life just went down at crazy speeds. I had a negative breakdown and it changed my life forever," she said.

"But if I hadn't gone into treatment. I don't know if, one, I'd even be sitting here today, [or] two, if I'd be alive today," she added.

Women directors shine at Toronto



Tanya Wexler

By Julie Gordon

ADONNA may have stolen the lion's share of the headlines, but Lthere were plenty of films by women directors earning a lot of buzz at this year's Toronto International Film Festival, which drew to a close yesterday.

From the invention of the vibrator to the aftermath of a school massacre, women brought comedy and complexity to the event that helps launch Hollywood's Oscar season

From Madonna's W.E. to Sarah Polley's Take This Waltz, many of the films delved into familiar themes of relationships, marriage and children, but it is unfair to label them as "chick flicks", said Canadian actress and director Polley.

"If you make a movie about a woman, whether it's by a woman or from the perspective of woman, then it's (labelled) a 'chick flick," she said. "But there's no matching marginalising term to talk about a movie that stars a man."

"I guess if it's from a man's perspective and a man directs it, it gets to just be a movie," Polley added

Her new feature, Take This Waltz, was one of three female-helmed films to get a high-profile gala screening at the festival. The movie stars Michelle Williams as a young married woman tempted into a relationship by a handsome neighbour.

Madonna's W.E., about the 1930s marriage of King Edward VIII and American divorcee Wallis Simpson, was also given the gala treatment, although headline-grabbing talk about the popstar outweighed the interest paid to her film. And Tanya Wexler's crowd-pleasing Victorian vibrator comedy Hysteria rounded out the top-billed female films

Wexler, returning to the director's seat after taking a few years off to focus on her



Sarah Polley

family, said the goal with Hysteria was to make a romantic comedy that women would want to see, but that also had a mes-

"This movie peeks at the idea of having the opportunity to choose," said Wexler. "It's really about being in charge of your-

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